



Petersgate Post: 7th March 2025

Mrs Mitchell's 'Message of the Week'

Well it feels like spring is finally upon us and the lighter days and warmer weather is round the corner. It has been a busy few weeks here at Petersgate with lots going on. Thank you to all those families who supported World Book Day this week and we saw a plethora of costumes and outfits on the day. It was a reading packed day for all concerned and the children had a really great day.

Just a reminder that we endeavour to offer healthy options in school and we no longer give out sweets for birthdays, as children can attend school in non-school uniform that day. Therefore, please can I ask that we reduce the amount of sweets or sweet related products given out on school site, including before and after school.



Eat Them to Defeat Them **Monday 10th to Friday 14th March**

We are taking part in 'Eat Them to Defeat Them' from Monday 10th to Friday 14th March.

Each day a family favourite vegetable will be featured. The vegetables that the kitchen staff will be offering over the week are: carrots, broccoli, red peppers, peas and sweetcorn.

It is award-winning and proven to make eating vegetables more fun. Last year 77% of parents said their child ate more vegetables.

Children can get a sticker and learn catchphrases to go with the vegetables.

Next week we will be sending home a reward chart to help you turn that behaviour into lasting habits. We want to encourage children to try these vegetables so that they become part of their daily diet.

Studies have shown that the best diet for a good mood, behaviour and learning is one that includes a regular eating pattern and a variety of 2-3 handfuls per day!

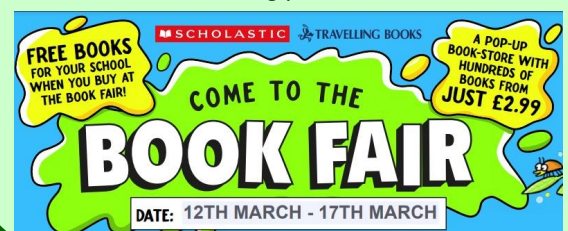
Scholastic Book Fair

We are very excited to have the Scholastic Book Fair onsite from **Wednesday 12th to Monday 17th March**.

Come along to the library after school between **15:10—16:00** and support our school whilst getting your hands on the best new children's books! Every book purchased earns free books for our school.

We will only accept card payments via a QR code, so please ensure you bring your bank card and a smart phone with you.

We look forward to seeing you at the book fair!



Lunch Leader Job Vacancy

We have a job vacancy available here at Petersgate.

Do you enjoy working with children, are you caring, enthusiastic & well organised? Come and join our friendly team.

Lunch Leader : We need you to join our team of 'super' lunch leaders.

Please [CLICK HERE](#) for more details.



Attendance and Punctuality for 24th February—7th March

Whole School Attendance = **95.72%**

(National Average = 94.6%)

Best Attendance: **Fox class = 98.75%**

Best Timekeepers: **Squirrel class (on time everyday!!)**





Safeguarding

In this newsletter, we are focusing on a health and safety update.

Please can I remind all parents, carers and families to ensure all children, including toddlers and siblings are not using the play equipment at the beginning or the end of the school day. This includes the large play equipment like the Trim Trails.

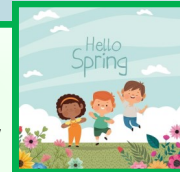
Thank you to all those parents, carers and families who read my previous information regarding looking into the classrooms at the beginning or the end of the day. Please can I remind families that for safeguarding and well-being reasons we ask that you don't peer in or tap the glass. This disturbs the learning, can upset other children who families do not give an extra goodbye but also children may be getting changed for PE or an after school club.

Health & Wellbeing Tips

Spring is such a magical time of year, as the world and outside seems to literally 'spring' to life!

With new life all around us, seeds being planted, bulbs starting and the warmer weather and lighter days around the corner, it is an ideal time to get outside.

I have shared a lovely Spring Forward with Thrive calendar of spring related activities you may want to complete during March.



Spring forward with Thrive

#SpringForward

Improve your health and wellbeing this spring with our 28-day journey of gardening and nature-based activities. For more information and activity guides visit www.thrive.org.uk/spring

MON	TUE	WED	THU	FRI	SAT	SUN
<p>1</p> <p>Send a photo of a spring flower to a friend</p> <p>(5 mins)</p>	<p>2</p> <p>Go for a walk in nature with a loved one</p>	<p>3</p> <p>Change phone background to a nature photo</p> <p>(5 mins)</p>	<p>4</p> <p>Read our article on preparing for spring</p> <p>(5 mins)</p>	<p>5</p> <p>Listen to bird song</p> <p>(5 mins)</p>	<p>6</p> <p>Sow seeds (follow our guide)</p> <p>(15 mins)</p>	<p>7</p> <p>Give a plant or seeds to a loved one</p>
<p>8</p> <p>Take inspiration from people's front gardens</p>	<p>9</p> <p>Take time to notice blossom and tree buds developing</p>	<p>10</p> <p>'Deadhead' plants (follow our guide)</p> <p>(10 mins)</p>	<p>11</p> <p>Read our '5 Ways to Wellbeing' article</p> <p>(10 mins)</p>	<p>12</p> <p>Go for a walk somewhere with a nice view</p>	<p>13</p> <p>Make a bird feeder (follow our guide)</p> <p>(10 mins)</p>	<p>14</p> <p>Grow sweet peas/broad beans (follow our guide)</p> <p>(15 mins)</p>
<p>15</p> <p>Lie under a tree and look at the leaf patterns</p> <p>(5 mins)</p>	<p>16</p> <p>Draw a plant and share a photo of your drawing</p> <p>(10 mins)</p>	<p>17</p> <p>Grow a herb (follow our guide)</p> <p>(10 mins)</p>	<p>18</p> <p>Find 5 plants that feel nice to touch (careful of thorns)</p> <p>(10 mins)</p>	<p>19</p> <p>Make paper pots (follow our guide)</p> <p>(15 mins)</p>	<p>20</p> <p>Pot up a plant (follow our guide)</p> <p>(10 mins)</p>	<p>21</p> <p>Sow microgreens (follow our guide)</p> <p>(15 mins)</p>
<p>22</p> <p>Go on a walk and observe wildlife</p>	<p>23</p> <p>Write 3 ways you'd like to connect with nature more</p> <p>(5 mins)</p>	<p>24</p> <p>Pick a favourite tree on your local walk</p>	<p>25</p> <p>Smell 5 plants</p> <p>(5 mins)</p>	<p>26</p> <p>Save your own seeds (follow our guide)</p> <p>(5 mins)</p>	<p>27</p> <p>Prick out and pot on seedlings (follow our guide)</p> <p>(15 mins)</p>	<p>28</p> <p>Plant a sunflower (follow our guide)</p> <p>(15 mins)</p>

World Book Day

One of my most favourite times of the year, where we celebrate all things book related. Thank you to all who participated in this event..

As usual, the staff planned a fun-packed reading focused day and have taken part in all types of reading opportunities for the children to 'Read their Way'.

Thank you to Miss Piper for setting up a pop-up bookshop in our library during the day, so the children could spend their £1 World Book Day voucher at the shop and choose one of the World Book Day books. Your child should have come home with the copy of the book they chose on the day. Independent bookshops and supermarkets are continuing to sell the World Book Day books over the coming weeks.



READ YOUR WAY

Take a sneak peek in our 2025 £1/£1.50 books

PoPS



Quiz Night—Friday 28th March at 7pm*
(*more details to follow)

Easter Fayre—Friday 4th April

Easter Fayre organising is well under way, we still need more help. If you are free to help with organising, setting up on the day or helping on one of the stalls (even if you can only offer to help for 30 minutes!).

Summer Festival—Sunday 6th July

PoPS are also busy organising for outside companies to attend our Summer Festival. If you would like a stall then please contact Beth.

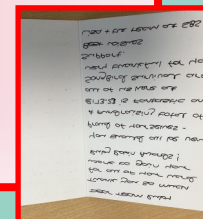
If you want to find out more about PoPS or join the PoPS team of volunteers please contact Beth popstogether@outlook.com



Ruby Robin



We are delighted with our Ruby Robin certificate and badge we received. Thank you to all who participated in the Ruby Robin challenge. I know the money raised will make a big difference. All children who took part will have received a certificate in celebration assembly today.



The Nurturing Programme: for parents wanting to get the best out of family life

Home-Start Butser is teaming up with Petersgate Infant School to run the Nurturing Programme for parents this term. This course helps families manage the challenges of parenting so that they can enjoy a calmer, happier home.

The 10 week programme covers many topics including:

- understanding why children behave as they do
- exploring different approaches to discipline and co-operation
- the importance of looking after ourselves

“This is the best parenting resource I’ve found. I can’t believe it’s free.”
Parent from 2024 Nurturing Programme

Please join us at school for a taster session on **Thursday 27th February at 9am**. To reserve a place or find out more, contact Kim or Lucia at Home-Start Butser on 01730 233755 / lucia.smith@homestart-butser.org.uk

The programme will run for 10 weeks on a Wednesday evening starting on 12th March (6.30-8.45pm).

Places will be allocated on a first come, first served basis



**HOME IS WHERE
WE START FROM** 



We are really proud to be part of the **myHappymind** family.

As a school, we have been gifted an opportunity to deliver a whole school programme to build positive mental health and well-being. This programme is endorsed by the NHS and is a fully funded programme.

myHappymind helps children to understand how their brain works and creates a culture that helps to build resilience, confidence, and self-esteem. **myHappymind** also teaches the children how to self-regulate and manage their emotions in stressful times, allowing them to be their very best selves!

We have already launched the programme with the children and parents/carers and families were invited to the physical launch. Further information was sent out to all families which included a letter outlining key information, parent presentation and link for a short video.

Thank you to all those who have signed up for the free parent app and I hope this helps you in supporting your child at home. Information of how to do this was in the letter but there are posters around school with the QR code and sign code to access the app. Please can we ask that this code is not shared with anyone else. The resources and materials will be on display during our parent consultation evenings coming up. The app QR code will be available to sign up then too.

We have also developed a section on our school website for parents/carers for mental health and well-being which signposts you to resources to help you at home.

Please [click here](#) or copy and paste this link into your web browser.

<https://www.petersgateinfantschool.co.uk/parents/mental-health-and-well-being-for-parents>