









### Petersgate Post: 14th February 2025

#### Mrs Mitchell's 'Message of the Week'

I start this newsletter with a little bit of sad news that our minibus wheels have been stolen. I appreciate that this news has been shared already with parents but I wanted to take this opportunity within the newsletter to highlight this issue. Whilst this is sad news and impacted our school but also children from other schools as they also use our minibus. In the darkness, you will always find light and I have been overwhelmed by the kindness of the parents and families with support regarding this matter.

Thank you to the kind parent who has now donated new wheels!

We really appreciate your quick response to the news, so thank you.

Our newsletter is a little longer this week because we have so much amazing things to share. It has been a productive half term with lots of learning going on and I can't wait to see what the next half term brings.

Thank you to all the families for your on-going support and I wish you all a restful half term break and see you again on Monday 24th February.

#### **Health & Wellbeing Tips**

It feels like spring is beginning to show itself to us (fingers crossed) and half term feels like the ideal time to head outside for a spring scavenger hunt. I have added one to the newsletter for you to use.

However, <u>click here</u> or copy and paste this link into your web browser <a href="https://treetoolsforschools.org.uk/activitymenu/?cat=scavenger">https://treetoolsforschools.org.uk/activitymenu/?cat=scavenger</a> to find a host of other fun spring activities to do outside. Hopefully the weather will be kind for you to get outside and enjoy what nature is sharing with us.





#### **NSPCC Number Day**

We raised an amazing <u>**£193.12**</u> for NSPCC Number day last Friday. Thank you all for your donations in supporting this cause.

#### **School Car Park**

Please can we remind you that the disabled bays are for blue badge holders only.

We do have parents/carers that need these spaces and we need these to be available for those that need them. This includes before and after school clubs.

Thank you.

## Job Vacancies

We currently have two job vacancies available here at Petersgate.

Do you enjoy working with children, are you caring, enthusiastic & well organised?

Come and join our friendly team.

**Lunch Leader :** We need you to join our team of 'super' lunch leaders.
Please **CLICK HERE** for more details.



Whole School Attendance = **96.89%** (*National Average* = *94.5%*)

Best Attendance: Deer class = 98.04%

Best Timekeepers: Squirrel class (on time everyday!!)







#### Safeguarding

This week, we have been observing Safer Internet Day. We started the week with a themed assembly and the children have been partaking in computing lessons based around the theme.

I raised awareness in a previous newsletter regarding some of the games children are talking about, one of which was Sprunki and one of which is Dandy's World. Both of these games have age restrictions.

I want to draw your attention to these games because, whilst they have elements which are fun, there are also elements of horror, which some children will find frightening.

Dandy's World is a game for children over 9 years old and is advertised as a horror mascot game and the information says it contains 'disturbing material'. Please can we ask that you check your parental controls and supervise what your child/ren are accessing. Thank you.



#### **PoPS**

The PoPS team will be holding a Book sale on World Book day—Thursday 6th March They will set up a stall outside (subject to the weather!) after school to sell books. Cash donations only.

After half term we will be organising the Easter Fayre—Friday 4th April.

If you are free to help with organising, setting up on the day or helping on one of the stalls please contact Beth by email popstogether@outlook.com.

This years **Summer Festival—Sunday 6th July**. PoPS are also organising for outside companies to attend our Summer Festival. If you would like a stall then please contact Beth.

If you want to find out more about PoPS or join the PoPS team of volunteers please contact Beth.

#### Eat Them Defeat Them—10th to 14th March

We are taking part in 'Eat Them to Defeat Them' from Monday 10th to Friday 14th March.

Each day a family favourite vegetable will be featured. The vegetables that the kitchen staff will be offering over the week are: carrots, broccoli, red peppers, peas and sweetcorn.

It is award-winning and proven to make eating vegetables more fun. Last year 77% of parents said their child ate more vegetables.

Children can get a sticker and learn catchphrases to go with the vegetables.

We will be sending home after half term a reward chart to help you turn that behaviour into lasting habits. We want to encourage children to try these vegetables so that they become part of their daily diet. Studies have shown that the best diet for a good mood, behaviour and learning in one that includes a regular eating pattern and a variety of 2-3 handfuls per day!

#### **NSPCC Number Day**

Thank you to all the parents/carers and families who attended Number Day. It was a fun packed day full of maths learning and we loved having the families in to join in our maths challenges. We had shape challenges, real life problem solving, outdoor maths problems, money problems to solve, number formation, recognising numbers and the list goes on and on.

It was lovely to see the children enthused and enjoy maths.

We would love to say a massive thank you for your generosity with all of your donations and we raised £193.12 for the NSPCC Speak Safe campaign.

We had some great feedback from parents and families during and following the event.





#### IT IS FINALLY FINISHED!!

A little bit of good and exciting news is that our Outdoor Classroom is finally finished. Thank you to Sovereign for completing the build and working with us.

We cannot wait to start using it. We are in the process of gathering resources to use for our outdoor teaching and learning lessons.

However, the classroom is currently without a name. In the coming weeks, we will be launching a competition to name our outdoor classroom. It will, of course, need to be woodland/tree themed to tie in with our beautiful environment and tie in with our class/room names inside of school.

Further details will follow about the competition.









# The Nurturing Programme: for parents wanting to get the best out of family life

Home-Start Butser is teaming up with Petersgate Infant School to run the Nurturing Programme for parents this term. This course helps families manage the challenges of parenting so that they can enjoy a calmer, happier home.

The 10 week programme covers many topics including:

- understanding why children behave as they do
- exploring different approaches to discipline and co-operation
- the importance of looking after ourselves

"This is the best parenting resource I've found. I can't believe it's free."

Parent from 2024 Nurturing Programme

Please join us at school for a taster session on **Thursday 27th February at 9am.** To reserve a place or find out more, contact Kim or Lucia at Home-Start Butser on 01730 233755 / <u>lucia.smith@homestart-butser.org.uk</u>



The programme will run for 10 weeks on a Wednesday evening starting on 12th March (6.30-8.45pm).

Places will be allocated on a first come, first served basis





#### **Children's Mental Health Week**

Thank you to all of the parents/carers and families for supporting Children's Mental Health Day, in particular with our 'Inside Out' theme dress up day. We had a day based around 'Know Yourself to Grow Yourself' which was the theme for this year from Place2Be (children's mental health charity).

We had a mental health themed assembly led by Mrs Mitchell where we used our knowledge from myHappymind to support our understanding of our emotions and how we can use our strategies of Happy Breathing to help us. Classes continued with their myHappymind learning, as well as, other mental health themed activities to support their emotional health and well-being. All of this learning has been shared with the myHappymind team who have been so proud of our journey, so far.









We are really proud to be part of the **myHappymind** family.

As a school, we have been gifted an opportunity to deliver a whole school programme to build positive mental health and well-being. This programme is endorsed by the NHS and is a fully funded programme.

myHappymind helps children to understand how their brain works and creates a culture that helps to build resilience, confidence, and self-esteem. myHappymind also teaches the children how to self-regulate and mange their emotions in stressful times, allowing them to be their very best selves!

We have already launched the programme with the children and parents/carers and families were invited to the physical launch. Further information was sent out to all families which included a letter outlining key information, parent presentation and link for a short video.

Thank you to all those who have signed up for the free parent app and I hope this helps you in supporting your child at home. Information of how to do this was in the letter but there are posters around school with the QR code and sign code to access the app. Please can we ask that this code is not shared with anyone else. The resources and materials will be on display during our parent consultation evenings coming up. The app QR code will be available to sign up then too.

We have also developed a section on our school website for parents/carers for mental health and well-being which signposts you to resources to help you at home.

Please <u>click here</u> or copy and paste this link into your web browser.