

# HAMPSHIRE PARENT CARER

NETWORK

enabling voices to be heard



HPCN offers parent carers of children and young people aged 0-25 with any additional need or disability (diagnosed or not) the opportunity to tell the Local Authority, Health and other services, what life is really like.

## Get Togethers

Parent carer sessions.  
Offering an opportunity to share your experiences and ideas with other local families.

A SENDIASS Worker attends every session

## Future in Mind

Mental Health focused parent carer sessions, in collaboration with the Child and Adolescent Mental Health Service and ASD Family Help.

## Events and Workshops

We work co-productively with organisations and agencies, in order to share information and offer our feedback.

\*Meet the SEN Team

\*SENDIASS

## Sharing our voice

HPCN Reps are invited to attending strategic meetings with the Education Dept, Health, Childrens Services and other services to share our lived experiences.

Become a Parent Representative!



<http://www.hpcn.org.uk>



Hampshire Parent Carer Network